

Dave's Hot Chicken Nutrition Menu

Complete Nutritional Breakdown - Updated November 2025

Source: daveshotchicken-menus.com

Dave's Hot Chicken Complete Nutrition Menu (U.S., 2025)

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Feed A Crowd

Menu Item	Calories	Fat (g)	Carbs (g)	Protein (g)	Sugar (g)	Sodium (mg)
Box of Fries	900	40	110	10	-	800
Hot Box - Dave's Bites	3600	180	300	220	30	2300
Hot Box - Sliders	6800	250	500	310	70	2500
Hot Box - Tenders	4900	220	400	270	50	2400
Hot Box Roulette - Sliders	6800	250	500	310	70	2500
Hot Box Roulette - Tenders	4900	220	400	270	50	2400
Cauli Bites Hot Box	2000	120	180	50	30	1700
Cauli Slider Hot Box	4800	180	350	150	45	2100

Dave's Hot Meals

Menu Item	Calories	Fat (g)	Carbs (g)	Protein (g)	Sugar (g)	Sodium (mg)
2 Tenders W/ Fries	980	59	110	53	2	2080
2 Sliders W/ Fries	1270	78	275	50	50	2300
1 Tender & 1 Slider W/ Fries	1310	78	275	50	9	2500
1 Slider with Fries	900	35	245	46	45	2100

Dave's NOT Chicken (Cauli)

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Menu Item	Calories	Fat (g)	Carbs (g)	Protein (g)	Sugar (g)	Sodium (mg)
1 Cauli Slider with Fries	850	40	90	25	-	1800
1 Cauli Tender & 1 Cauli Slider W/ Fries	1080	45	110	30	-	1850
2 Cauli Sliders W/ Fries	1100	50	120	30	-	1900
2 Cauli Tenders with Fries	800	38	95	24	-	1700
10pc. Cauli Tender Bites W/ Fries	1270	60	130	40	-	2000
10pc. Cauli Tender Bites	680	30	80	25	-	1100

Dave's Bites & Top Loaded Fries

Menu Item	Calories	Fat (g)	Carbs (g)	Protein (g)	Sugar (g)	Sodium (mg)
10pc. Dave's Bites W/ Fries	1180	80	150	45	25	2200
10pc. Dave's Bites	820	30	45	35	5	1500
Large Top Loaded Fries	1800	80	170	45	25	2500
Regular Top Loaded Fries	1500	70	150	40	20	2300
Small Top Loaded Fries	1200	60	130	35	15	2200

Dave's Sauces

Menu Item	Calories	Fat (g)	Carbs (g)	Protein (g)	Sugar (g)	Sodium (mg)
Dave's Sauce	180	18	2	0	1	200
Large Dave's Sauce	360	36	4	0	3	300

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Ranch Sauce	150	10	5	1	2	180
Honey Sauce	90	3	20	0	15	120
Reaper Sauce	190	20	3	1	-	250

Dave's Sides

Menu Item	Calories	Fat (g)	Carbs (g)	Protein (g)	Sugar (g)	Sodium (mg)
Cheese Fries	460	30	60	15	8	1100
Fries	440	22	60	5	1	700
Kale Slaw	270	9	10	2	5	200
Mac & Cheese	290	18	30	10	6	550
Side of Dave's Sauce	180	18	2	0	1	200
Single Slider	680	25	35	28	6	1000
Single Tender	550	33	56	37	21	1500

Top-Loaded Shakes

Menu Item	Calories	Fat (g)	Carbs (g)	Protein (g)	Sugar (g)	Sodium (mg)
Fruity Pebbles Shake	950	40	120	15	80	300
M&M Shake	950	40	120	15	85	320
Oreo Shake	950	40	120	15	75	310
Cinnamon Toast Crunch Shake	920	38	115	14	70	300

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Classic Shakes

Menu Item	Calories	Fat (g)	Carbs (g)	Protein (g)	Sugar (g)	Sodium (mg)
Chocolate Shake	950	35	140	15	120	350
Strawberry Shake	950	30	90	12	90	350
Vanilla Shake	950	30	110	12	85	320

Slushers

Menu Item	Calories	Fat (g)	Carbs (g)	Protein (g)	Sugar (g)	Sodium (mg)
Frozen Hi-C Flashin' Fruit Punch	290	0	54	0	54	80
Frozen Hi-C Orange LavaBurst	230	0	54	0	54	60
Frozen Minute Maid Strawberry Lemonade	320	0	54	0	54	60
Frozen Powerade Mountain Berry Blast	180	0	25	0	21	30
Orange Creme Slusher	290	0	40	0	60	80
Rocket Creme Slusher	280	0	40	0	60	80
Strawberries & Creme Slusher	300	0	45	0	60	80

Drinks

Menu Item	Calories	Fat (g)	Carbs (g)	Protein (g)	Sugar (g)	Sodium (mg)
20 oz. Coke Zero	0	0	0	0	0	35

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20 oz. Coke	210	0	39	0	39	35
20 oz. Diet Coke	0	0	0	0	0	35
20 oz. Dr Pepper	230	0	39	0	39	45
20 oz. Sprite	220	0	42	0	42	45
Bottled Water	0	0	0	0	0	0
Soft Drink (Small)	290	0	39	0	39	40
Soft Drink (Regular)	330	0	39	0	39	40
Soft Drink (Large)	330	0	42	0	42	45